### **Much Wenlock & Cressage Medical Practice**



**APRIL 2024** 

# Think! Pharmacy First

NHS England has launched a new Pharmacy First Service.

This new service is expected to free up GP appointments for patients who need them most and will give people quicker and more convenient access to safe and high quality healthcare. It includes 7 common conditions including earache, sore throat, and urinary tract infections, aiming to address health issues before they get worse.

### What can the pharmacy deal with?

Pharmacy First will enable community pharmacists to supply prescription-only medicines, including antibiotics and antivirals where clinically appropriate, to treat seven common health conditions without the need to visit a GP.

#### What are the seven common conditions?

- Sinusitis
  Sore throat
  Infected insect bite
- 5) Impetigo (a bacteria skin infection) 6) Shingles
- 7) Uncomplicated urinary tract infections in women

### How can I access treatment from my pharmacy?

Shropshire Council have confirmed that all community pharmacies in across Shropshire, Telford and Wrekin have signed up to Pharmacy First and patients can use the Find a Pharmacy tool online, just walk in and ask to speak to a pharmacist or call 111 to be given details of local pharmacies participating.

# **Patient Online Access – Notification of Changes**

Patent Online Access have notified the Practice that they are making improvements to their online security. Users will now be required to input a one-time passcode that will be sent to their registered mobile phone number.

For further information or if you need further help and support with regard to the changes, please go to: www.patientaccess.com.

### **Much Wenlock & Cressage Medical Practice**



# **Practice Social Prescribing Service**

Social Prescribing is a free and confidential service that is available to our patients to help improve your health and wellbeing with the support of a trained advisor.

#### Who is this service for?

If you feel lonely or isolated

If you are caring for someone

If you are feeling low, stressed or down.

If you want to lose weight, quit smoking and get more active

If you need help accessing housing or financial advice

If you need help with completing forms such as Blue Badge requests etc.

#### How Patients Can Access the Social Prescribing Service?

Social Prescribing is available to anyone over the age of 18 years old. Patients can refer yourself to Social Prescribing by calling 0345 678 9028 Monday to Friday, 9am – 5pm and selecting the self-referral to Social Prescribing option. Or you can email <u>healthylives@shropshire.gov.uk</u> with the subject "Social Prescribing self-referral".

## **Practice Closures**

The Practice will be closed for staff training on Tuesday 23 April 2024 from 12 pm and will reopen at 8.30 am the following day.

The Practice will also be closed on the following bank holidays:

Bank Holiday Monday 6 May

Bank Holiday Monday 27 May

If you have an urgent healthcare problem which cannot safely wait until the surgery is open, please call 'Out of Hours' on 111.

Reminder to order your medication in plenty of time before the Practice closures. Thank you.