

Practice News

April 2017

Much Wenlock & Cressage Patient's Voice Annual General Meeting

Tuesday 25 April 2017 : 6 pm

Much Wenlock Surgery, King Street, Much Wenlock

AGENDA

- 1 Cancer Screening Services Update
- 2 Annual General Meeting
- 3 Patient's Voice quarterly meeting

**All patients are invited to attend the
Screening Services talk and AGM**

EASTER BANK HOLIDAY PRACTICE CLOSURE DATES

MUCH WENLOCK AND CRESSAGE MEDICAL PRACTICE WILL BE
CLOSED FOR THE EASTER BANK HOLIDAYS ON:

FRIDAY 14 APRIL 2017
MONDAY 17 APRIL 2017

SHOULD YOU NEED URGENT HEALTH CARE DURING THIS TIME,
PLEASE CONTACT SHROPDOC ON: **0333 222 6655**

The Practice will re-open at 8.30 am on Tuesday 18 April 2017
*Please remember to order any repeat medications you may need over
the Easter period in advance*

***TEXT MESSAGE APPOINTMENT REMINDER*_We offer patients the
opportunity to receive a SMS text message appointment reminder service
and you can also receive your blood test results as a SMS text message. For
further information, please speak to a Receptionist about this service.**

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CHECK YOUR BLOOD PRESSURE

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes.

More than one in four adults in the UK have high blood pressure, although many won't realise it.

Making healthy lifestyle changes can help keep your blood pressure at a normal level.

The only way to find out if your blood pressure is high is to check your blood pressure.

We have installed a blood pressure monitor machine in the waiting room at Much Wenlock which has kindly been provided by the Practice Support Group.

If you attend **Much Wenlock Surgery** to have the following, please use the **blood pressure monitor** machine **before** seeing the Nurse or Doctor;

- Diabetic Review
- Radish Review
- Contraceptive Pill Check
- HRT Check
- Medical Review
- Blood Pressure Check

WALK/RUN FOR CYSTIC FIBROSIS – LIBBY COLLINSON

As part of fund raising for Cystic Fibrosis I am planning two distances of a walk or run from the Priory Hall on Saturday 8.4.17 at 10.00. More details to follow in the next addition of the Herald.

I hope lots of you will be able to come and support this event – incentive of coffee and cake on return to the Priory.

If you are not able to walk or run you are very welcome for coffee and cake after 10.00 and before 12.00.

Libby Collinson