

## Who do I need to see?

### Did you know?

You can access treatment for minor ailments such as insect bites and stings, acne, ear wax, cough's, colds, warts, rashes, constipation and diarrhoea, from your Community Pharmacy.

### Did you know?

You can discuss any concerns you might have about your regular medications with a Clinical Pharmacist. They are also appropriately skilled and qualified to perform your regular medication review too.

### Did you know?

Patients with feelings of loneliness, isolation, anxiety or worthlessness can be supported by our Social Prescribers and Health & Wellbeing Coaches. Our aim is to provide you with the necessary tools to manage your wellbeing to live life to the full.

### Did you know?

You can book in to see our First Contact Physiotherapists for an assessment of your nagging muscular aches and pains.

## Alternative contacts:

NHS 111 online: [111.nhs.uk](https://111.nhs.uk)

NHS Health A-Z: [www.nhs.uk/conditions/](https://www.nhs.uk/conditions/)

Community Pharmacy Services:

[www.nhs.uk/nhs-services/prescriptions-and-pharmacies/pharmacies/how-your-pharmacy-can-help/](https://www.nhs.uk/nhs-services/prescriptions-and-pharmacies/pharmacies/how-your-pharmacy-can-help/)



**"I'm feeling sad, is there anyone who can support me?"**

**Your Practice Social Prescribing team have appointments available.**



**"Who can support me with my medication review?"**

**A Clinical Pharmacist can support you with your review.**



**"Who can help me with my aching shoulders?"**

**Why not book an appointment with a First Contact Physiotherapist.**



**"I think I might have hayfever, who can I seek help from?"**

**Your Community Pharmacist can offer support.**

Much Wenlock & Cressage Medical Practice

## Our Expanding Practice

### Healthcare Team



An overview of the skilled healthcare workforce of Much Wenlock & Cressage Medical Practice available to support you and your health.



## *The wider healthcare team available to you.*

In addition to the General Practice team patients have engaged with over time, your Practice now benefits from a wide variety of trained healthcare professionals to help support your health and wellbeing. Traditionally, patients have usually seen a GP prior to accessing some of the services now available, but this doesn't have to be the case. This leaflet may support you to access specific healthcare services quicker, depending on your needs.

Physician Associates – are healthcare professionals with a general medical education who work alongside and under the supervision of GPs providing clinical care as part of a wider multidisciplinary team.



Clinical Pharmacists – work as part of the multidisciplinary team in a patient-facing role to clinically assess and treat patients using their expert knowledge of medicines for specific disease areas. Clinical Pharmacists can be prescribers or undertake training to become one.

First Contact Physiotherapists - can assess, diagnose, treat and manage musculoskeletal (MSK) problems and discharge a person without a medical referral. Patients can be referred by all staff members in GP Practices.



Dietitians – diagnose and treat diet and nutritional needs either associated with another diagnosis or unrelated to a separate diagnosis. Dietitians support Practices with patients of all ages with their food intake to address diabetes, food allergies, coeliac disease and metabolic diseases.



A Nursing Associate is a support role that bridges the gap between healthcare assistants and registered nurses. The role is part of a nursing team and is under the supervision of a nurse.

A Health and Wellbeing Coach uses health coaching skills to support people with self-identifying existing issues and encourages proactive prevention of new and existing illnesses. They may provide access to self-management education, peer support and social prescribing.



Social Prescribing Link Workers – connect people to community groups and agencies for practical and emotional support and complement other approaches such as care navigation and active signposting.



Care Coordinators – work closely with GPs and other primary care professionals within a network to identify and manage a caseload of patients, making sure that appropriate support is made available to them and their carers.

Our wider healthcare team are members of different professions offering skills and expertise complimenting the work of your GP, Advanced Practitioner and Practice Nurse, who can all work together in a multidisciplinary way to support your healthcare needs.

There may be times where a GP may not be the most appropriate clinician for you. Seeing the right healthcare professional at the right time helps you to access professional support quickly. Our aim is to provide a service to enable you to return to your normal healthy self as quickly as possible.

