

# Practice News

May 2018

## MAY BANK HOLIDAY PRACTICE CLOSURE DATES

MUCH WENLOCK AND CRESSAGE MEDICAL PRACTICE WILL BE CLOSED FOR THE BANK HOLIDAYS ON:

- **Monday 7 May**
- **Monday 28 May**

**SHOULD YOU NEED URGENT HEALTH CARE DURING THIS TIME, PLEASE CONTACT SHROPDOC ON: 0333 222 6655**

## Free NHS Health Checks

NHS Health Checks are offered to all eligible patients aged between 40 and 74 once every five years.

The check is to assess your risk of developing heart disease, stroke, kidney disease or diabetes. If there are any warning signs, then together we can do something about it. The check should take about 30 minutes and is based on straightforward questions and measurements such as age, sex, family history, height, weight and blood pressure. There will also be simple blood tests to measure your cholesterol and if required glucose levels.

If you are eligible for a health check you will receive a letter from the Practice inviting you to attend an appointment.

## REMINDER: GP/NURSE EXTENDED ACCESS TO APPOINTMENTS

There is a network of GP Practices within our locality (including Bridgnorth, Albrighton and Ditton Priors) offering extended opening hours, some weekdays evenings and Saturday mornings for routine GP & Nurse appointments. If you can't find an appointment to suit you at the Practice, please telephone: **0333 222 6649** for alternative options.

## BLOOD TEST RESULTS – WHEN TO CONTACT THE SURGERY FOR RESULTS

To access test results please contact the practice after 2.00pm Monday to Friday (Much Wenlock), or Monday to Thursday (Cressage).

Please allow at least 5 to 7 working days after you have had your blood test before contacting us for your results. Thank you.

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## **Summary Care Records (SCR) - information for patients**

If you are registered with a GP Practice in England you will already have a Summary Care Record (SCR) unless, you have previously chosen not to have one.

Your Summary Care Record is a short summary of your GP medical records. It tells other health and care staff who care for you about the medicines you take and your allergies. This means they can give you better care if you need health care away from your usual doctor's surgery:

- in an emergency
- when you're on holiday
- when your surgery is closed
- at out-patient clinics
- when you visit a pharmacy

### **Ask your doctor to include additional information on your SCR**

You can add more information to your SCR by asking your doctor. They can add extra details from your medical notes, including:

- health problems like dementia or diabetes
- details of your Carer
- your treatment preferences
- communication needs, for example if you have hearing difficulties or need an interpreter

This will help medical staff care for you properly, and respect your choices, when you need care away from your GP surgery. This is because having more information on your SCR means they will have a better understanding of your needs and preferences.

When you are treated away from your usual doctor's surgery, the health care staff there can't see your GP medical records. Looking at your SCR can speed up your care and make sure you are given the right medicines and treatment.

### **Protecting your SCR information**

Staff will ask your permission to look at your SCR (except in an emergency where you are unconscious, for example) and only staff with the right levels of security clearance can access the system, so your information is secure. By law, everyone working for us or on our behalf must respect your confidentiality and keep all information about you secure.

### **Opting out**

SCRs improve care, but if you don't want to have one you can opt out. To upgrade your Summary Care Record to include additional information or to opt out, please obtain a form from Reception.