

**MACMILLAN  
CANCER SUPPORT**

**WE'D LIKE  
TO INVITE  
YOU**

The Macmillan Living With and Beyond Cancer Project invites you to join one of our living well sessions.



In partnership with

The Shrewsbury and  
Telford Hospital



NHS Trust

## If you are living with cancer, you are invited, as part of your pathway, to join us at a Macmillan Living Well Session. Your relatives, friends and carers are also welcome.

- ▶ Self-help ideas and tips
- ▶ Signposting to local support
- ▶ Sharing and listening to experiences
- ▶ Information about cancer and its side-effects experiences

2019 Dates	Venue	Time
Feb 8th	Palmers, Shrewsbury, SY1 1QG	13:00 – 17:00
Mar 18th	The Wakes, Oakengates, Telford, TF2 6EP	12:00 – 16:00
Apr 1st	Mayfair Community Centre, Church Stretton, SY6 6BL	12:00 – 16:00
May 17th	Palmers, Shrewsbury, SY1 1QG	13:00 – 17:00
Jun 13th	The Wakes, Oakengates, Telford, TF2 6EP	13:30 – 17:00
Jun 17th	Palmers, Shrewsbury, SY1 1QG	16:30 – 19:45
Jul 15th	The Qube, Oswestry, SY11 1RB	12:00 – 16:00
Aug 20th	Palmers, Shrewsbury, SY1 1QG	12:00 – 16:00
Sept 20th	The Wakes, Oakengates, Telford, TF2 6EP	16:00 – 19:00
Sept 26th	Mayfair Community Centre, Church Stretton, SY6 6BL	12:00 – 16:00
Oct 17th	The Wakes, Oakengates, Telford, TF2 6EP	13:30 – 17:00
Nov 15th	Palmers, Shrewsbury, SY1 1QG	13:00 – 17:00
Dec 5th	The Wakes, Oakengates, Telford, TF2 6EP	13:30 – 17:00

**For more information or to book a place:**



[leah.morgan2@nhs.net](mailto:leah.morgan2@nhs.net)



01743 492 424