

## Moving on:

### Trainee Doctors:

Dr Moussa's placement with the Practice ended in February and Dr Khin, will be leaving the Practice at the end of March. We wish them both well in their continuing careers.

### Welcome:

In April Dr Redgate, a former trainee, will be joining the Practice team as a salaried GP for 12 months and we will also be welcoming a new trainee, Dr Imafidon-Victor, from April.

## PATIENT APPOINTMENT SURVEY

To assist with the development and improvement of the current appointment system we would appreciate patients' feedback by completing the "Patient Appointment Survey". The Survey is being sent as a link via text message, is available in the Practice and can be accessed and completed via the Practice website. Patient feedback is important to us and helps us develop the systems we already have in place.

## NEW: CARER SUPPORT GROUP

From April, the Practice will be launching a Carer Support Group, organised by our Community Care Co-ordinator, Jo Weaver-Jackson. The first meeting will be at the Priory Hall in Much Wenlock on **Tuesday 4<sup>th</sup> April** and the group will then continue to run on the first Tuesday of each month, thanks to the support of the **Much Wenlock Forester Charitable Trust**.

Jo identified the need for this group as the community has lost a number of volunteers and local initiatives through Covid which has left many of our carers feeling isolated. A variety of service providers will be on hand each month to chat over tea, coffee and refreshments. We want to bring together the various people and support services that can directly help our carers and those they care for.

We will be joined on 4<sup>th</sup> April by Shropshire Carers and our newly appointed Admiral Nurse as well as Shropshire based storyteller, musician and community artist Sally Tonge who will be keeping us entertained. Activities and guests will vary through the year and we are hoping the number of carers we can support through this initiative will grow. For more information please contact the surgery and speak to Jo Weaver-Jackson as **booking will be essential.**

## **Social Prescribing – Children and Young People 11 – 18 Years**

A new service is being introduced to bring social prescribing to the children and young people of Shropshire. Social Prescribing is a non-medical approach to improving health and wellbeing. It can help patients have more control over their own health and find ways to improve how they feel. The Healthy Lives Advisor for children and young people will work together with you, (the patient), to develop an action plan around what matters to you. Children and young people might be referred to the Health Lives Advisor for a range of issues including;

- Children and young people who may feel isolated and want support to meet other people.
- Children and young people who may have a long-term chronic health condition which would be helped through community activities.
- Children and young people who may need help to find support or advice with practical issues such as money or housing.
- Children and Young people who may want help and support with their wellbeing and education.

Social Prescribing is not designed to replace medical support but getting involved with local groups and activities can help you get better and feel better faster than medicine alone. Your Healthy Lives Advisor might introduce you new people, or they might help you find information or access advice about a particular issue. A referral to the local Healthy Lives Advisor can be made by speaking to your GP or local Schools; William Brookes Secondary School and Bridgnorth Endowed Secondary School.

## **CRESSAGE PRACTICE CAR PARKING ISSUES**

We are beginning discussions with the local community, Parish Council, Shropshire Council and other interested parties to discuss the issues created by the on- the-road car parking down Sheinton Road and potential solutions. The road is used by farm vehicles and also by the bus service and with cars parked outside the surgery, school and properties, negotiating the road is becoming increasingly difficult. Whilst there are no parking restrictions on the road immediately outside the Practice we would ask our patients to be considerate of other road users and aware that they may be asked to move vehicles to allow larger vehicles to pass.