

PUBLIC HEALTH ENGLAND LAUNCHES 'CERVICAL SCREENING SAVES LIVES' CAMPAIGN

On Tuesday 5 March 2019, Public Health England (PHE), launched the major new national campaign 'Cervical Screening Saves Lives', to increase the number of women attending their cervical screening across England.

The campaign will encourage women to respond to their cervical screening invitation letter, and if they missed their last screening, to book an appointment at their GP practice.

Around 2,600 women are diagnosed with cervical cancer in England each year, and around 690 women die from the disease, which is 2 deaths every day. It is estimated that if everyone attended screening regularly, 83% of cervical cancer cases could be prevented.

New research from PHE shows that nearly all women eligible for screening (90%) would be likely to take a test that could help prevent cancer - and of those who have attended screening, 9 in 10 (94%) would encourage others who are worried to attend their cervical screening. Despite this, screening is at a 20-year low, with 1 in 4 eligible women (those aged 25 to 64) in the UK not attending their test.

Regular screening, which only takes a few minutes, can help stop cervical cancer before it starts, as the test identifies potentially harmful cells before they become cancerous, and ensures women get the right treatment as soon as possible.

The PHE research shows that once they have been screened, the vast majority of women feel positive about the experience, with 8 in 10 (87%) stating they are 'glad they went' and that they were 'put at ease by the nurse or doctor doing the test' (84%).

In support of this campaign and to encourage as **many women as possible** to attend for cervical screening, Much Wenlock and Cressage Medical Practice, in addition to the facility to book an appointment within the normal working week, will be offering dedicated evening cervical screening Nurse clinics between 5pm and 7pm at Much Wenlock Medical Practice on the following dates:

- Thursday 9 May
- Tuesday 14 May
- Wednesday 22 May
- Wednesday 29 May

We will be sending out invitations to those patients due a cervical smear, however if you are not sure whether you are eligible and have not received an invitation please contact the Practice and we will check your records.

Parking On Sheinton Road, Cressage

When parking on the main road outside Cressage Practice (Sheinton Road) please be aware that lorries and tractors often drive down the narrow road. We have recently had an incidence of a car being damaged by a haulage lorry. We are therefore raising patient's awareness of the fact that lorries and tractors do use Sheinton Road frequently.

Practice News

April 2019

NHS HEALTH CHECK CLINICS

What is an NHS Health Check?

The NHS Health Check is a health check-up for adults in England aged 40-74. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk.

How do I get an NHS Health Check?

If you're in the 40-74 age group without a pre-existing condition, you can expect to receive a letter from your GP inviting you for a free NHS Health Check every five years.

Much Wenlock & Cressage Medical Practice NHS Health Check Clinics – Are now available!

If you have previously been invited along to one of the NHS Health Check Clinics but you were unable to book an appointment, please contact the Practice on 01952 726011 we have NHS Health Check Clinics available on Tuesday afternoons at Cressage Medical Practice from April 2019.

EASTER BANK HOLIDAY PRACTICE CLOSURE DATES

MUCH WENLOCK AND CRESSAGE MEDICAL PRACTICE WILL BE CLOSED FOR THE EASTER BANK HOLIDAYS ON:

Friday 19 April - Good Friday
Monday 22 April - Easter Monday

SHOULD YOU NEED URGENT HEALTH CARE DURING THIS TIME, PLEASE CONTACT SHROPDOC ON: **111**

The Practice will re-open at 8.30 am Tuesday 23 April

WHO KNOWS WHAT YOUR OLD
INHALER WILL BECOME?



RECYCLE

Your old inhalers at Much Wenlock
& Cressage Medical Practice

DO YOU LOVE READING?

BE PART OF A BIGGER STORY AND JOIN OUR SHARED
READING GROUP.

Shared Reading Groups are a place to relax, make new friends and share stories. Just drop in and enjoy listening to a great story or poem – no pressure to talk or read. Come along to our next Shared Reading Group on:

Date: Saturday 27 April 2019

At: Cressage Medical Practice (refreshments will be provided)

Places are free and everyone is welcome but there are limited places so do book ahead by emailing muchwenlockmp@nhs.net or call 01952 726011 and speak to Melanie Jones.